FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549	
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* CHANG JOSEPH Y						2. Issuer Name and Ticker or Trading Symbol NU SKIN ENTERPRISES, INC. [NUS]								Relationship neck all appli Directo	cable) or		10%	Owner	
(Last) (First) (Middle) C/O NU SKIN ENTERPRISES, INC.						3. Date of Earliest Transaction (Month/Day/Year) 03/02/2022								X Officer (give title Other (specify below) Chief Scientific Officer					
75 WEST CENTER STREET						If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable					
(Street) PROVO UT 84601						Line) X Form filed by One Reporting Person Form filed by More than One Reporti											- 1		
(City)	(Si	ate)	(Zip)											Perso	1				
		Tab	le I - N	lon-Deri	vative	Sec	urit	ies Ad	cquire	ed, D	isposed o	of, or Be	eneficia	lly Owned	k				
				2. Transac Date (Month/Da		Exective (Exective) Exective (Exective)		Deemed cution Date, ly nth/Day/Year)		action (Instr.	4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 ar			Beneficial Owned Fo	i Iy	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price	Reported Transaction (Instr. 3 au				(Instr. 4)	
Class A Common Stock				03/02/2022		2		M		3,423	A	\$30.63	26,380		D				
Class A Common Stock 03				03/02/2	03/02/2022		2		S		2,500(1)	D	\$45.86(2	23,880		I)		
Class A Common Stock 03/0				03/02/2	2022				S		923(1)	D	\$46.53(3	22,957		D			
Class A Common Stock														78,068 ⁽⁴⁾		I		Held in irrevocable family trust	
		Т	able I								posed of , converti			y Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed ion Date, /Day/Year)	4. Transa Code (8)				6. Date Exerc Expiration Da (Month/Day/Y		ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownersh Form: Direct (D or Indire (I) (Instr.	Beneficial Ownership ct (Instr. 4)	
					Code	v	(A)	(D)	Date Exerci	sable	Expiration Date	Title	Amount or Number of Shares						
Employee Stock Option (Right to Buy)	\$30.63	03/02/2022			M			3,423	(5	5)	03/02/2023	Class A Common Stock	3,423	\$0	42,6	500	D		

Explanation of Responses:

- 1. Sale pursuant to a Rule 10b5-1 plan adopted by the Reporting Person.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$45.24 to \$46.18, inclusive. The Reporting Person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within this range.
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$46.35 to \$46.63, inclusive. The Reporting Person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within this range.
- 4. This report should not be deemed an admission that the Reporting Person is the beneficial owner of such securities for purpose of Section 16 or for any other purpose.
- 5. Currently exercisable in full.

/s/ Gregory Belliston as Attorney-in-Fact for Joseph Y. 03/03/2022 Chang

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.