## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| <b>STATEMENT</b> | <b>OF CHANGE</b> | ES IN BENE | FICIAL O | WNERSHIF | ) |
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| l | OMB Number:          | 3235-0287 |
|   | Estimated average bu | rden      |

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hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

|   |  |            |  |  | UI Jec  | 11011 30(11)                               | OI LIIC | HIVESTITIETT   | Con             | ipariy Act t  | 11340   |  |   |   |  |                                       |  |
|---|--|------------|--|--|---|--|---------|--|-----------------|---|---|--|---|---|--|---------------------------------------|--|
| 1. Name and Address of Reporting Person*  GARN EJ JAKE                      |  |            | 2. Issuer Name <b>and</b> Ticker or Trading Symbol NU SKIN ENTERPRISES INC [ NUS ] |  |   |  |         |  |                 |   | Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owner |  |   |   |  |                                       |  |
| (Last) (First) (Middle) C/O NU SKIN ENTERPRISES, INC. 75 WEST CENTER STREET |  |            |  | (  | 3. Date of Earliest Transaction (Month/Day/Year) 05/17/2004 |  |         |  |                 |   |   | 6.1  | below)  | (give title   | Other (specify below)  |                                       |  |
| (Street) PROVO UT 84601   |  |            |  | 4. If Amendment, Date of Original Filed (Month/Day/Year) |   |  |         |  |                 |   |   | Individual or Joint/Group Filing (Check Applicable Line)      X Form filed by One Reporting Person  Form filed by More than One Reporting Person |   |   |  |                                       |  |
| (City) (State) (Zip)  |  |            |  |  | T Grown   |  |         |  |                 |   |   |  |   |   |  |                                       |  |
|   |  | Tal        | ble I - Non-I  | Derivat  | ive S   | ecuritie                                   | s A     | cquired, C   | Disp            | osed o  | f, or Ber   | eficial  | ly Owned  |   |  |                                       |  |
| Date  |  |            | . Transact<br>Date<br>Month/Day  | Execution Date,  |   | e, Transaction Disposed Of Code (Instr. 5) |         | ies Acquired (A) or<br>Of (D) (Instr. 3, 4 and           |                 | 5. Amount of Securities Beneficially Owned Following Reported                               |   | Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4)  |   | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |                                       |  |
|   |  |            |  |  |   |  |         |  | v               | Amount  | (A) or<br>(D)   | Price  | Transaction(s)<br>(Instr. 3 and 4)  |   |  |                                       |  |
| Class A C   | Common St  |            |  |  |   |  |         |  |                 |   |   |  |   | 00 <sup>(1)</sup>   |  | D                                     |  |
|   |  |            | Table II - De  |  |   |  |         | quired, Dis<br>s, options                                |                 |   |   |  | Owned   |   |  |                                       |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)                         | 2. Conversion or Exercise Price of Derivative Security  3. Transaction Date (Month/Day/Year) |            | 3A. Deemed<br>Execution Date<br>if any<br>(Month/Day/Ye                            | e, Transaction<br>Code (Instr.                           |   | 5. Number 6                                |         | 6. Date Exercisable and Expiration Date (Month/Day/Year) |                 | 7. Title and Amour<br>of Securities<br>Underlying<br>Derivative Securit<br>(Instr. 3 and 4) |   | Derivative<br>Security   | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction<br>(Instr. 4) | e<br>s<br>illy  | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | Beneficial<br>Ownership<br>(Instr. 4) |  |
|   |  |            |  | Code   | e V   | (A)  | (D)     | Date<br>Exercisable                                      |                 | Expiration<br>Date  | Title   | Amount<br>or<br>Number<br>of<br>Shares   |   |   |  |                                       |  |
| Stock<br>Option<br>(right to<br>buy) <sup>(2)</sup>                         | \$20.875   |            |  |  |   |  |         | 05/04/1998 <sup>(-)</sup>                                | 1) 1            | .0/20/2007  | Class A<br>Common<br>Stock  | 10,000   |   | 10,000  | (1)  | D                                     |  |
| Stock<br>Option<br>(right to<br>buy) <sup>(2)</sup>                         | \$28.5   |            |  |  |   |  |         | 05/05/1999 <sup>(4</sup>                                 | 1) 0            | 05/05/2008  | Class A<br>Common<br>Stock  | 2,500  |   | 2,500 <sup>(</sup>  | (1)  | D                                     |  |
| Stock<br>Option<br>(right to<br>buy) <sup>(2)</sup>                         | \$19.4375  |            |  |  |   |  |         | 05/04/2000 <sup>(4</sup>                                 | 4) 0            | 05/04/2009  | Class A<br>Common<br>Stock  | 2,500  |   | 2,500 <sup>(</sup>  | (1)  | D                                     |  |
| Stock<br>Option<br>(right to<br>buy) <sup>(2)</sup>                         | \$7.44   |            |  |  |   |  |         | 05/11/2001 <sup>(4</sup>                                 | i) (            | 05/11/2010  | Class A<br>Common<br>Stock  | 7,500  |   | 7,500 <sup>(</sup>  | (1)  | D                                     |  |
| Stock<br>Option<br>(right to<br>buy) <sup>(2)</sup>                         | \$6.9  |            |  |  |   |  |         | 05/10/2002 <sup>(4</sup>                                 | 4) 0            | 05/10/2011  | Class A<br>Common<br>Stock  | 7,500  |   | 7,500 <sup>(</sup>  | (1)  | D                                     |  |
| Stock<br>Option<br>(right to<br>buy) <sup>(2)</sup>                         | \$13   |            |  |  |   |  |         | 05/09/2003 <sup>(4</sup>                                 | <sup>1)</sup> 0 | 05/09/2012  | Class A<br>Common<br>Stock  | 7,500  |   | 7,500 <sup>(</sup>  | (1)  | D                                     |  |
| Stock<br>Option<br>(right to<br>buy) <sup>(2)</sup>                         | \$9.96   |            |  |  |   |  |         | 05/20/2004 <sup>(4</sup>                                 | 1) 0            | 05/20/2013  | Class A<br>Common<br>Stock  | 10,000   |   | 10,000  | (1)  | D                                     |  |
| Stock<br>Option<br>(right to  | \$23.28  | 05/17/2004 |  | A  |   | 10,000                                     |         | 05/17/2005 <sup>(4</sup>                                 | 4) 0            | 05/17/2014  | Class A<br>Common<br>Stock  | 10,000   | (3)   | 10,00   | 0  | D                                     |  |

## Explanation of Responses:

- 1. Represents number of shares beneficially owned as of May 17, 2004.
- 2. Previously reported.
- 3. Not applicable.
- 4. Options become exercisable one day prior to the next annual meeting of stockholders following the date of grant. Dates listed are estimated vesting dates based on the date of the previous annual meeting of stockholders.

## Remarks:

D. Matthew Dorny as Attorneyin-Fact for EJ Jake Garn

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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