

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
OMB Number:	3235-0287
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1. Name and Address of Reporting Person* CHANG JOSEPH Y (Last) (First) (Middle) C/O NU SKIN ENTERPRISES, INC. 75 WEST CENTER STREET (Street) PROVO 84601 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol NU SKIN ENTERPRISES INC [NUS]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) Chief Scientific Officer
	3. Date of Earliest Transaction (Month/Day/Year) 04/17/2006	
		6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Class A Common Stock	04/17/2006		A		58,928 ⁽¹⁾	A	(2)	61,059 ⁽³⁾	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date					
Employee Stock Option (right to buy) ⁽⁴⁾	\$6.84							(5)	04/01/2007	Class A Common Stock	6,581	6,581 ⁽³⁾	D	
Employee Stock Option (right to buy) ⁽⁴⁾	\$8							(5)	04/11/2010	Class A Common Stock	14,000	67,667 ⁽³⁾	D	
Employee Stock Option (right to buy) ⁽⁴⁾	\$8							(5)	04/11/2010	Class A Common Stock	20,000	17,667 ⁽³⁾	D	
Employee Stock Option (right to buy) ⁽⁴⁾	\$6.56							(5)	08/31/2010	Class A Common Stock	6,000	0 ⁽³⁾	D	
Employee Stock Option (right to buy) ⁽⁴⁾	\$8.2							(5)	02/28/2002 ⁽⁶⁾ 02/28/2011	Class A Common Stock	6,250	6,250 ⁽³⁾	D	
Employee Stock Option (right to buy) ⁽⁴⁾⁽⁷⁾	\$12.45							(5)	04/19/2003 ⁽⁶⁾ 04/19/2012	Class A Common Stock	12,500	12,500 ⁽³⁾	D	
Employee Stock Option (right to buy) ⁽⁴⁾⁽⁷⁾	\$12.45							(5)	08/31/2011	Class A Common Stock	12,500	12,500 ⁽³⁾	D	
Employee Stock Option (right to buy) ⁽⁴⁾⁽⁷⁾	\$12.45							(5)	04/19/2003 ⁽⁵⁾ 08/31/2009	Class A Common Stock	25,000	25,000 ⁽³⁾	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (right to buy) ⁽⁴⁾	\$12							09/03/2003 ⁽⁶⁾	09/03/2012	Class A Common Stock	12,500		12,500 ⁽³⁾	D	
Employee Stock Option (right to buy) ⁽⁴⁾	\$9.04							03/10/2004 ⁽⁶⁾	03/10/2013	Class A Common Stock	12,500		12,500 ⁽³⁾	D	
Employee Stock Option (right to buy) ⁽⁴⁾	\$11.5							09/02/2004 ⁽⁶⁾	09/02/2013	Class A Common Stock	17,500		17,500 ⁽³⁾	D	
Employee Stock Option (right to buy) ⁽⁴⁾	\$19.15							02/27/2005 ⁽⁶⁾	02/27/2014	Class A Common Stock	17,500		17,500 ⁽³⁾	D	
Employee Stock Option (right to buy) ⁽⁴⁾	\$26.13							09/01/2005 ⁽⁶⁾	09/01/2014	Class A Common Stock	17,500		17,500 ⁽³⁾	D	
Employee Stock Option (right to buy) ⁽⁴⁾	\$22.33							02/28/2006 ⁽⁶⁾	02/28/2015	Class A Common Stock	17,500		17,500 ⁽³⁾	D	
Employee Stock Option (right to buy) ⁽⁴⁾	\$21.34							08/31/2006 ⁽⁶⁾	08/31/2015	Class A Common Stock	17,500		17,500 ⁽³⁾	D	

Explanation of Responses:

- Contingent stock award which will vest and be issued in four equal annual installments beginning on November 1, 2006 and on November 1st in each year thereafter until fully vested.
- Price not applicable.
- Represents number of shares beneficially owned as of April 17, 2006.
- Previously reported.
- Currently exercisable in full.
- Becomes exercisable in four equal annual installments beginning on the date indicated.
- Issued as part of an Option Exchange Offer.

Remarks:

D. Matthew Dorny as
Attorney-in-Fact for Joseph Y. Chang 04/18/2006

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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