FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  CHANG JOSEPH Y  (Last) (First) (Middle)  C/O NU SKIN ENTERPRISES, INC.						Skin Enterprises, Inc. [ NUS ]  3. Date of Earliest Transaction (Month/Day/Year)  12/18/2022									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  X Officer (give title Other (specify below)  Chief Scientific Officer								
75 WEST CENTER STREET  (Street)							If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)							
PROVO	U		84601														X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S		(Zip)	on Dori		- 6-		tion An		J D:		f or Do	<b>-</b>	:-!!	. O								
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day)					ection	ion 2A. Deemed Execution Date,			quired, Disposed of, or  3.			Acquired	(A) or		5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership				
								v	Amount	(A) or (D)	Price		Reported Transaction (Instr. 3 and	ion(s)				(Instr. 4)					
Class A Common Stock 1:					/2022	$\top$			М		6,800(1)	Α	\$37.	.58	29,7	57	D			$\neg$			
Class A Common Stock 12/3				12/18/	/2022				F		6,542(2)	D	\$40.	.33	23,2	15		D					
Class A Common Stock															78,068 <sup>(3)</sup>		I		Held in irrevocable family trust				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D	n Date,	Date, Transact Code (In		Deri Sec Acq or D of (I	umber of vative urities uired (A) isposed O) (Instr. and 5)	6. Date Expira (Month	tion Da			of s ig e Secur	8. Price of Derivative Security (Instr. 5)		9. Num derivati Securit Benefic Owned Followi Reporte Transac	ive ies cially ng ed	10. Owners Form: Direct (I or Indire (I) (Instr	hip D) ect	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exerci	sable	Expiration Date	Title	Amor or Numl of Share	ber		(Instr. 4							
Employee Stock Option (Right to Buy)	\$37.58	12/18/2022			М			6,800 <sup>(4)</sup>	(5	)	12/18/2022	Class A Common Stock	6,80	800 \$0		(	0						

## **Explanation of Responses:**

- 1. In accordance with the terms of the Issuer's stock incentive plans, these shares were acquired from the automatic net exercise of options immediately prior to their expiration.
- 2. In accordance with the terms of the Issuer's stock incentive plans, these shares were withheld by the Issuer to cover the option exercise price and tax withholding obligations related to the automatic net exercise of options immediately prior to their expiration.
- 3. This report should not be deemed an admission that the Reporting Person is the beneficial owner of such securities for purpose of Section 16 or for any other purpose.
- 4. In accordance with the terms of the Issuer's stock incentive plans, these options were automatically net exercised immediately prior to their expiration.
- 5. Currently exercisable in full.

/s/ Gregory Belliston as Attorney-in-Fact for Joseph Y. 12/20/2022 Chang

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.