# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

### CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

**January 8, 2024** 

Date of Report (Date of earliest event reported)

## NU SKIN ENTERPRISES, INC.

(Exact name of registrant as specified in its charter)

Delaware		001-12421	87-0565309
(State or other jurisdiction of incorporation)		(Commission File Number)	(IRS Employer Identification Number)
		75 West Center Street	
		Provo, Utah 84601	
	(Ac	ddress of principal executive offices and	d zip code)
		(801) 345-1000	
	(Re	egistrant's telephone number, including	area code)
		N/A	
	(Forme	r name or former address, if changed si	nce last report)
	k the appropriate box below if the Form 8-K filing wing provisions:	g is intended to simultaneously satisfy t	he filing obligation of the registrant under any of the
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)		
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)		
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))		
	Pre-commencement communications pursuant to	o Rule 13e-4(c) under the Exchange Ac	et (17 CFR 240.13e-4 (c))
Secur	ities registered pursuant to Section 12(b) of the A	ect:	
	Title of each class	Trading Symbol(s)	Name of each exchange on which registered
	Class A Common Stock, \$.001 par value	NUS	New York Stock Exchange
Indica	Title of each class Class A Common Stock, \$.001 par value	Trading Symbol(s)  NUS  erging growth company as defined in R	<u> </u>
			Emerging growth company
		rk if the registrant has elected not to use	e the extended transition period for complying with any new

### Item 2.02 Results of Operations and Financial Condition.

On January 8, 2024, Nu Skin Enterprises, Inc. issued a press release announcing preliminary information about its financial results for the three-month period ended December 31, 2023, and certain other information. A copy of the press release is attached as Exhibit 99.1 to this report.

The information furnished pursuant to this Item 2.02 and Exhibit 99.1 shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), and shall not be deemed to be incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act except as shall be expressly set forth by specific reference in such filing.

#### Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

- 99.1 Nu Skin Enterprises' press release dated January 8, 2024, announcing preliminary information about its financial results for the three-month period ended December 31, 2023.
- 104 Cover Page Interactive Data File (embedded within the Inline XBRL document).

### SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

NU SKIN ENTERPRISES, INC.

(Registrant)

/s/ James D. Thomas

James D. Thomas Chief Financial Officer

Date: January 8, 2024

### NU SKIN.

### FOR IMMEDIATE RELEASE

### Nu Skin Enterprises to Discuss Company Strategy and Opportunities at ICR Conference

Company announces Q4 preliminary revenue slightly above guidance with full financial results to be announced Feb. 14

**PROVO, Utah — Jan. 8, 2024 —** Nu Skin Enterprises Inc. (NYSE: NUS) today announced President and CEO Ryan Napierski and Chief Financial Officer James D. Thomas will present at the ICR Conference on Tuesday, Jan. 9. They will participate in a moderated fireside chat to discuss company strategy and the state of the business, including Q4 preliminary revenue slightly above its guidance range driven by the launch of ageLOC WellSpa iO in many markets, seasonal promotions in China and continued performance of Rhyz.

The company's presentation will be webcast live beginning at 2:30 p.m. ET. Those wishing to access the event can visit the Nu Skin Investor Relations page at ir.nuskin.com. The archive of the webcast will be available at this same location through Tuesday, Jan. 23.

The company will release fourth quarter and full year 2023 results after the market closes on Wednesday, Feb. 14. The Nu Skin management team will host a conference call with the investment community later that same day at 5 p.m. ET. The webcast of the conference call, including the financial information presented, will be available on the investor relations page of the company's website at ir.nuskin.com. A replay of the webcast will be available at the same location through Wednesday, Feb. 28.

### About Nu Skin Enterprises Inc.

The Nu Skin Enterprises Inc. (NYSE: NUS) family of companies includes Nu Skin and Rhyz Inc. Nu Skin is an integrated beauty and wellness company, powered by a dynamic affiliate opportunity platform, which operates in nearly 50 markets worldwide. Backed by nearly 40 years of scientific research, the company's products help people look, feel and live their best with brands including Nu Skin® personal care, Pharmanex® nutrition and ageLOC® antiaging, which includes an award-winning line of beauty device systems. Rhyz is the strategic investment arm of Nu Skin Enterprises. Formed in 2018, Rhyz is a synergistic ecosystem of consumer, technology and manufacturing companies focused on innovation within the beauty, wellness and lifestyle categories.

Important Information Regarding Forward-Looking Statements: This press release contains forward-looking statements within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934, as amended, that represent the company's current expectations and beliefs. All statements other than statements of historical fact are "forward-looking statements" for purposes of federal and state securities laws and include statements of management's expectations regarding the company's fourth-quarter revenue. The forward-looking statements involve risks and uncertainties that could cause actual results and outcomes to differ materially from the forward-looking statements expressed herein, including completion of the Company's closing and audit procedures, which may necessitate material adjustments to the preliminary revenue estimate, and other risks and uncertainties that are set forth in the documents the Company has filed with the Securities and Exchange Commission. The forward-looking statements set forth the Company's beliefs as of the date that such information was first provided, and the Company assumes no duty to update the forward-looking statements contained in this report to reflect any change except as required by law.

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### **CONTACTS:**

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