FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	D.C. 20549
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STATEMENT C	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* CHANG JOSEPH Y					2. Issuer Name and Ticker or Trading Symbol NU SKIN ENTERPRISES, INC. [NUS]								5. Relationship of Reporting Person(s) to Issue (Check all applicable) Director 10% Own Officer (give title Other (sp				Owner		
	,	irst) ERPRISES, INC STREET	(Middle)		02	3. Date of Earliest Transaction (Month/Day/Year) 02/14/2023								Chief Scientific Officer					
(Street) PROVO	U		84601		_ 4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							Line	ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S	tate) Ta	(Zip) ble I - No	on-Der	ivativ	/e Se	ecurities	Acc	auired	d. Dis	sposed of	or Ber	neficially	/ Owned					
1. Title of Security (Instr. 3)		2. Trans Date (Month/I	action	action 2A. Deeme Execution Bay/Year) if any		A. Deemed 3. Execution Date, Trans		3. 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 ar		(A) or	5. Amount of Securities Beneficially Owned Following		Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Class A Common Stock 02/			02/15	5/2023	2023		F		1,981(1)	D	\$45.38	21,234		D					
Class A Common Stock													78,068(2)		I		Held in rrevocable family rust		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	Title of 2. 3. Transaction Date Execution Date, (Month/Day/Year) if any		Date,	4. Transa Code (8)				Expiration Date (Month/Day/Year) of Se Unde Deriv		of Securit Underlyin Derivative	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownersh Form: Direct (D or Indirec (I) (Instr.	Beneficial Ownership t (Instr. 4)			
					Code	v	(A)	(D)	Date Exerci	sable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4				
Employee Stock Option (Right to Buy)	\$30.45	02/14/2023			A		17,692 ⁽³⁾		02/14/	/2023	02/15/2027	Class A Common Stock	17,692	\$0	83,	810	D		

Explanation of Responses:

- 1. Shares withheld to cover tax withholding obligations related to the vesting of previously granted restricted stock units.
- 2. This report should not be deemed an admission that the Reporting Person is the beneficial owner of such securities for purposes of Section 16 or for any other purpose.
- 3. On February 15, 2020, the reporting person was granted stock options to purchase shares of Class A Common Stock, the vesting of which was contingent on Nu Skin Enterprises, Inc.'s satisfaction of certain performance criteria. On February 14, 2023, the performance criteria were met, resulting in the vesting of the amount shown above.

/s/ Gregory Belliston as

02/16/2023 Attorney-in-Fact for Joseph Y.

Chang

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.