### FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
haiira nar raananaa.	0.5									

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  RONEY BLAKE					2. Issuer Name <b>and</b> Ticker or Trading Symbol  NU SKIN ENTERPRISES INC [ NUS ]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director X 10% Owner					
(Last) (First) (Middle) C/O NU SKIN ENTERPRISES, INC. 75 WEST CENTER STREET					3. Date of Earliest Transaction (Month/Day/Year) 07/30/2004									X	belov	er (give title w) Chairman		below	(specify )	
(Street) PROVO (City)	U']		34601 Zip)		- 4. If	Ame	ndment	, Date c	of Origina	d (Month/Da	ear)		6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person  Form filed by More than One Reporting Person							
(- 9)				on-Deriv	ative	Sec	curitie	s Ac	quired	, Dis	sposed o	f, o	r Ber	nefic	ially	Owne	ed			
,			Date	2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.						and 5) Sec Ben Owr		cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount (/		(A) or (D)	Price	;		ed ction(s) 3 and 4)			(Instr. 4)
Class A C	Common Sto	ock		07/30/.	2004				D		1,212,28	88	D	\$22	2.62	9,3	27,231		I	By BMR NS- Holdings, LLC <sup>(1)</sup>
Class A C	Common Sto	ock		07/30/	2004				S		587,712	2	D	\$23	3.16	8,7	39,519		I	By BMR NS- Holdings, LLC <sup>(1)</sup>
Class A Common Stock																500,000			I	By B & N Rhino Company, L.C. <sup>(2)</sup>
		Та	ble II -								osed of, convertib					wned				
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Derivative Security  Security  3. Transaction Date (Month/Day/Year)  (Month/Day/Year)  33. Deemed Execution Date (Month/Day/Year)  (Month/Day/Year)		on Date,	4. Transaction Code (Instr. 8)		of	rities iired r osed ) r. 3, 4	Expirati	Exercisable and tion Date // (Indicate // (I		Amount of Securities Underlying Derivative Security (Ir and 4)		f g nstr. 3 mount umber	Der Sec	grice of vative derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)		y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Exercis	able	Date	Titl		nares						

#### **Explanation of Responses:**

- 1. BMR NS-Holdings is a family limited liability company which is owned and controlled by the Reporting Person and his spouse.
- 2. This report should not be deemed an admission that the Reporting Person is the beneficial owner of such securities for purpose of Section 16 or for any other purpose.

# Remarks:

D. Matthew Dorny as Attorney-in-Fact for Blake M. 07/30/2004 <u>Roney</u>

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.