Employee Stock Option

(right to buy)

Employee Stock Option (right to buy)

Employee Stock Option (right to buy)

\$6.56

\$8.2

\$12.45

07/30/2004

07/30/2004

07/30/2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

027												
OMB Number: 3235-0287												
Estimated average	Estimated average burden											
hours per response	: 0.5											

Instruc	tion 1(b).				-											4		liouis	per res	porise.	0.5		
1. Name aı	nd Address of	Reporting	Person*						.,					OT 1940)	5. Re	elationship o	f Reporting	g Perso	on(s) to Issu	er		
CONLEE ROBERT S						NU SKIN ENTERPRISES INC [NUS]									(Che	(Check all applicable) Director 10% Owner							
(Last)	•	First)		(Middle)		3. Date of Earliest Transaction (Month/Day/Year)										below) below)							
	SKIN ENT			Ξ.		ľ	77307	2004									11010	10110, 1 101		a ca yapar	•		
75 WES	Γ CENTER	STREET	<u>'</u>			4.	. If Am	endm	ent, Date	e of Oriç	ginal File	ed ((Month/Da	ıy/Year)		6. Inc	dividual or J	oint/Group	Filing	(Check App	licable		
(Street)														- 1 '		Form filed by One Reporting P			7. Nature of Indirect Beneficial Ownership (Instr. 4)				
PROVO	U	T		84601		_														than One Reporting			
(City)	(S	State)		(Zip)																			
			Ta	ble I - No	n-De	rivati	ve S	ecur	ities A	cquir	ed, D	isp	osed o	f, or	Bene	eficially	Owned						
1. Title of Security (Instr. 3)				Date		Execution Date, Day/Year) if any		te, Tr	Transaction Disposed O Code (Instr.			ties Acc	uired ((Instr. :	(A) or 3, 4 and 5)	Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership				
										C	ode V		Amount	()	A) or D)	Price	Transacti	on(s)			Instr. 4)		
Class A (Common St	ock			10 3. Date of Earliest Transaction (Month/Day/Year) 2. Date of Earliest Transaction (Month/Day/Year) 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date of Original Filed (Month/Day/Year) 5. Individual or Joint/Group Filing (Check Applicable Line) 2. Transaction 2. A. Deemed 2. Transaction 2. A. Deemed 3. Transaction 2. A. Deemed 2. Transaction 2. A. Deemed 3. Transaction 3. A. Deemed 4. Deemed 4					07/30/2004						50,000		50 D					
Class A (Common St	ock			07/	30/20	04				M		18,75	0	Α	\$6.56	71,	810		D			
Class A Common Stock			07/	30/20	04				М		9,375		Α	\$8.2	81,	81,185		D					
Class A (Common St	ock			07/	30/20	04				М		6,250)	A	\$12.45	87,	435		D			
Class A (Common St	ock			07/	30/20	04				М		12,00	0	A	\$12.45	99,435		D				
Class A (ass A Common Stock ass A Common Stock ass A Common Stock				07/	30/20	04				M		12,000		A	\$12.45	111	1,435		D			
Class A Common Stock Class A Common Stock				07/	30/20	04				M		7,000		A	\$12.45	118	3,435		D				
Class A (Common St	ock			07/	30/20	04				M		6,250)	A	\$12.45	124	,685		D			
Class A (Common St	ock			07/	07/30/2004				_	M		3,125	5	A	\$12	127	127,810		D			
Class A (Common St	ock			07/	30/20	04				М		3,125	5	A	\$9.04	130	.30,935		D			
Class A (Common St	ock			07/	30/20	04				S ⁽¹⁾		1,375	5	D	\$26.27	7 129	9,560		D			
Class A (Common St	ock			07/	30/20	04				S ⁽¹⁾		300		D	\$26.25	129	,260		D			
Class A (Common St	ock			07/	30/20	04			S	S ⁽¹⁾		126,20	00	D	\$25.9	3,0	60 ⁽²⁾		D			
				Table II -													Owned						
1. Title of	2.	3. Transac	tion	3A. Deemed					umber				ole and										
Derivative Security (Instr. 3)			Exercise (Month/Day/Year) if a ce of rivative (Mo			Code (Instr.		Derivative Securities Acquired (A) or Disposed of (D) (Instr.						Underlying Derivative		ecurity	Security	Securities Beneficially Owned Following Reported Transaction	s Illy J	Form: Direct (D) or Indirect	Beneficia Ownersh		
						Code	v	(A)	(D)		isable			Title	o N	r lumber							
Employee Stock Option (right to buy)	\$8.06	07/30/2	2004			M			50,000	04/10/	['] 2001 ⁽⁴⁾	04	4/10/2010		ion 5	50,000	(7)	0 ⁽²⁾		D			

08/31/2001⁽⁴⁾

04/19/2003⁽⁵⁾

02/28/2002⁽⁴⁾ 02/28/2011

18,750

9,375

M

M

M

Class A Common

Stock

Class A

Common Stock

Class A Common Stock 18,750

9,375

6,250

(7)

(7)

(7)

08/31/2010

08/31/2011

6,250⁽²⁾

3,125⁽²⁾

6,250⁽²⁾

D

D

D

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerci Expiration Da (Month/Day/Yo	te	7. Title an of Securit Underlyin Derivative (Instr. 3 an	ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (right to buy)	\$12.45	07/30/2004		М			12,000	04/19/2003 ⁽⁶⁾	08/31/2008	Class A Common Stock	12,000	(7)	0 ⁽²⁾	D	
Employee Stock Option (right to buy)	\$12.45	07/30/2004		М			12,000	04/19/2003 ⁽⁶⁾	08/31/2009	Class A Common Stock	12,000	(7)	0 ⁽²⁾	D	
Employee Stock Option (right to buy)	\$12.45	07/30/2004		М			7,000	04/19/2003 ⁽⁶⁾	10/20/2007	Class A Common Stock	7,000	(7)	0 ⁽²⁾	D	
Employee Stock Option (right to buy)	\$12.45	07/30/2004		М			6,250	04/19/2003 ⁽⁴⁾	04/19/2012	Class A Common Stock	6,250	(7)	6,250 ⁽²⁾	D	
Employee Stock Option (right to buy)	\$12	07/30/2004		М			3,125	09/03/2003 ⁽⁴⁾	09/03/2012	Class A Common Stock	3,125	(7)	9,375 ⁽²⁾	D	
Employee Stock Option (right to buy)	\$9.04	07/30/2004		М			3,125	03/10/2004 ⁽⁴⁾	03/10/2013	Class A Common Stock	3,125	(7)	9,375 ⁽²⁾	D	
Employee Stock Option (right to buy) ⁽³⁾	\$10.52							07/24/2004 ⁽⁴⁾	07/24/2013	Class A Common Stock	100,000		100,000 ⁽²⁾	D	
Employee Stock Option (right to buy) ⁽³⁾	\$17.04							07/24/2004 ⁽⁴⁾	11/26/2013	Class A Common Stock	100,000		100,000 ⁽²⁾	D	
Employee Stock Option (right to	\$19.15							02/27/2005 ⁽⁴⁾	02/27/2014	Class A Common Stock	17,500		17,500 ⁽²⁾	D	

Explanation of Responses:

- 1. Transaction was made pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.
- 2. Represents number of shares beneficially owned as of July 30, 2004.
- 3. Previously Reported
- 4. Becomes exercisable in four equal annual installments beginning on the date indicated.
- 5. 50% is currently exercisable, 25% becomes exercisable on 08/31/2004, and 25% on 08/31/2005. Issued as part of an Option Exchange Offer.
- 6. Presently exercisable. Issued as part of an Option Exchange Offer.
- 7. Price not applicable.

Remarks:

D. Matthew Dorny as Attorneyin-Fact for Robert S. Conlee

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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