# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

# **SCHEDULE 14A INFORMATION**

Proxy Statement Pursuant to Section 14(a) of

the Securities Exchange Act of 1934 (Amendment No. Filed by the Registrant  $\square$ Filed by a Party other than the Registrant  $\square$ Check the appropriate box: ☐ Preliminary Proxy Statement ☐ Confidential, for Use of the Commission Only (as permitted by Rule 14a-6(e)(2)) **Definitive Proxy Statement** Definitive Additional Materials Soliciting Material Pursuant to §240.14a-12 NU SKIN ENTERPRISES, INC. (Name of Registrant as Specified In Its Charter) (Name of Person(s) Filing Proxy Statement, if other than the Registrant) Payment of Filing Fee (Check all boxes that apply): ✓ No fee required Fee paid previously with preliminary materials ☐ Fee computed on table in exhibit required by Item 25(b) per Exchange Act Rules 14a6(i)(1) and 0-11



Shareowner Services P.O. Box 64945 St. Paul, MN 55164-0945

Nu Skin Enterprises, Inc.

ANNUAL MEETING OF STOCKHOLDERS Wednesday, June 7, 2023 11:00 a.m., Mountain Daylight Time

Nu Skin Enterprises, Inc. Headquarters 75 West Center Street Provo, Utah 84601

Directions for attending and voting in person at the Annual Meeting are available in the proxy statement which can be viewed at materials.proxyvote.com/67018T.

### Important Notice Regarding the Availability of Proxy Materials for the Stockholder Meeting to be Held on June 7, 2023.

Notice is hereby given that the Annual Meeting of Stockholders of Nu Skin Enterprises, Inc. will be held at Nu Skin Enterprises, Inc. Headquarters, 75 West Center Street, Provo, Utah 84601 on Wednesday, June 7, 2023 at 11:00 a.m., Mountain Daylight Time.

This communication presents only an overview of the more complete proxy materials that are available to you on the Internet or by mail. We encourage you to access and review all of the important information contained in the proxy materials before voting.

The Proxy Statement and Annual Report are available at materials.proxyvote.com/67018T

If you want to receive a paper copy or an e-mail with links to the electronic materials, you must request one. There is no charge to you for requesting a copy. Please make your request for a copy as instructed on the reverse side of this notice on or before May 24, 2023 to facilitate timely delivery.

## Matters intended to be acted upon at the meeting are listed below.

The Board of Directors recommends that you vote FOR each director nominee listed in Proposal 1, FOR Proposals 2 and 4, and 1 YEAR for Proposal 3:

- 1. Election of Directors
  - a. Emma S. Battle
  - b. Daniel W. Campbell
  - c. Andrew D. Lipman
  - d. Steven J. Lund
  - e. Ryan S. Napierski

- f. Laura Nathanson
- g. Thomas R. Pisano
- h. Zheqing (Simon) Shen
- i. Edwina D. Woodbury
- 2. Advisory approval of our executive compensation
- 3. Advisory vote on the frequency of future stockholder advisory votes on our executive compensation
- Ratification of the selection of PricewaterhouseCoopers LLP as our independent registered public accounting firm for 2023

# THIS IS NOT A FORM FOR VOTING

You may immediately vote your proxy on the Internet at:

#### www.proxypush.com/NUS

- Use the Internet to vote your proxy 24 hours a day, 7 days a week, until 11:59 p.m. (MDT) on June 6, 2023.
- . Please have this Notice available. Follow the instructions to vote your proxy.

Your Internet vote authorizes the Named Proxies to vote your shares in the same manner as if you marked, signed and returned your proxy card.

#### To request paper copies of the proxy materials, which include the proxy card, proxy statement and annual report, please contact us via:

Internet/Mobile – Access the Internet and go to to log in, and order copies.	www.investorelections.com/NUS	. Follow the instructions
to log in, and order copies.		

Telephone - Call us free of charge at 866-870-3684 in the U.S. or Canada, using a touch-tone phone, and follow the instructions to log in and order copies.

- Email Send us an email at paper@investorelections.com with "NUS Materials Request" in the subject line. The email must include:
  - . The 11-digit control # located in the box in the upper right hand corner on the front of this notice.
  - Your preference to receive printed materials via mail -or- to receive an email with links to the electronic materials.
  - · If you choose email delivery you must include the email address.
  - · If you would like this election to apply to delivery of material for all future meetings, write the word "Permanent" and include the last 4 digits of your Tax ID number in the email.

#### Important Information about the Notice of Proxy Materials

This Notice Regarding the Online Availability of Proxy Materials (Notice) is provided to stockholders in place of the printed materials for the upcoming Stockholder Meeting.

#### Information about the Notice:

In 2007, the Securities and Exchange Commission adopted a voluntary rule permitting Internet-based delivery of proxy materials. Companies can now send Notices, rather than printed proxy materials, to stockholders. This may help lower mailing, printing and storage costs for the company, while minimizing environmental impact. This Notice contains specific information regarding the meeting, proposals and the internet site where the proxy materials may be found.

#### To view the proxy materials online:

Please refer to the instructions in this Notice on how to access and view the proxy materials online, including the proxy card, annual report and proxy statement.

#### To receive paper copies of the proxy materials:

Please refer to the instructions in this Notice on how to request hard copies of proxy materials via phone, email or Internet.